



## **Inland Empire Job Corps Center Frequently Asked Questions**

### **What items should I bring?**

Students should bring all the clothing needed for everyday wear, including the following types of clothing. If possible, bring enough to last a week. Washing machines and dryers are available.

Males should bring underwear, sweaters, belts, a coat, a jacket, a bathing suit, shorts, socks, shoes, shirts, slacks and shoes.

Females should bring blouses, undergarments, sweaters, a coat, a jacket, slacks, a bathing suit, shorts, a bathrobe, pajamas, socks, hose, dresses, suits and skirts.

Also bring toilet items such as deodorant, toothpaste, a toothbrush, combs, shampoo, rollers, etc.

### **What items shouldn't I bring?**

Expensive jewelry, large sums of cash and expensive electronics like large televisions, radios, Game Boys and computers are discouraged. The center is not responsible for personal items. Weapons of any kind and drugs or alcohol are not allowed. If a student is taking doctor-prescribed medication, he or she must turn it into the Health and Wellness Center on arrival. Health and Wellness will dispense the medication to students.

### **What items will the center provide?**

The Inland Empire Job Corps Center provides uniforms and bedding.

### **How much luggage can I bring?**

Two pieces.

### **Where is the center bus pick-up? Airport pick-up?**

Pick-ups take place at the Greyhound Bus Station on "F" street in San Bernardino. The Ontario International Airport is the closest airport to the center.

### **What do I do if I miss my bus or plane?**

Call your center contact at (909) 887-6305 or (800) 788-6305.

### **How will I know the person picking me up is from the Inland Empire Job Corps Center?**

The person should have a Job Corps center ID card.

**Can my parent or other person I know bring me to the center? If so, whom should I contact at the center to arrange this?**

Yes. They can come along. Contact your admissions counselor in order to arrange this.

**What are the dorms like? How many students in each room?**

The center is coed with 135 male residents, 100 female residents, 38 male non-residents and 37 female non-residents. Male and female dorms are not coed. Students share rooms with roommates. There are nine rooms in each unit with four to six students assigned to each room. There is one bathroom in each unit. Each female bathroom contains five stalls and six showers. Each male bathroom contains three stalls, three urinals and six showers. The showers are group showers. Televisions and telephones are available in the main lounge of each unit. Students are responsible for cleaning their own rooms and the main areas of the units.

**When will I be assigned to a room?**

Immediately upon arrival.

**Will I be able to choose my roommates?**

Students do not choose their roommates or rooms.

**Who cleans the dorm?**

There is no maid or janitorial service for students. You are expected to do your own laundry and cleaning. A graded inspection will be conducted daily on cleanliness.

**What time do I have to get up?**

6:15 a.m.

**When is weeknight curfew?**

Curfew depends on your age. It could be 10:00 or 11:00 p.m.

**What happens if I miss bed-check?**

A Residential Assistant will call your home and ask about your whereabouts or any other information that will help locate you. After 18 hours, a missing person report will be filed.

**What is the laundry policy?**

Laundry supplies are provided in order for trainees to wash their own clothes in the laundry rooms. Laundry rooms are located in the dormitories.

**How is bed linen laundered?**

It is sent to be cleaned weekly by a professional laundry service.

**Can I bring my own laundry products?**

Yes. You may bring your own products; however, it is not necessary.

**What is the meal schedule?**

Monday – Friday:

Breakfast 6:30 a.m. – 7:45 a.m.

Lunch for Construction Trades

11:00 a.m. - 12:00 p.m.

Lunch for Academic/Vocation Classes

11:25 a.m. - 12:30 p.m.

Dinner 5:00 p.m. - 6:15 p.m.

Saturday, Sunday and Holidays

Early Bird Breakfast 8:00 a.m. - 9:00 a.m.

Brunch 11:30 a.m. - 1:00 p.m.

Dinner 5:00 p.m. - 6:00 p.m.

**Are snacks available?**

Vending machines are available on campus.

**How do I give suggestions about the kind of food I like to eat?**

There is a suggestion box located in the cafeteria, and ideas can also be submitted through the Student Government Association.

**What if I am a vegetarian or have other dietary restrictions?**

A well-rounded menu is provided with sufficient food items to accommodate most diets. Speak with your admissions counselor about further concerns.

**What is the center's dress code? Am I expected to wear a uniform?**

There is an established dress code for both female and male trainees. It is not appropriate for men to wear excessively “saggy or baggy” clothes during the training day. Female trainees are not to wear excessively revealing clothing. There are visual examples posted throughout the center that will show what a well-dressed trainee should look like.

**Can I wear jewelry?**

Yes.

**What is the policy on body piercing?**

Piercings may appear in the ears only.

**Where do I get my hair cut?**

There are plenty of local salons and barber shops.

**Does the center have a policy on hair length or styles? On facial hair?**

Work-appropriate hairstyles and lengths are the norm at the Inland Empire Job corps Center. There isn't a strict policy on facial hair, as long as it is kept neat and employable. This also means not allowing it to create a safety hazard during training.

**When do I get my clothing allowance? How much is it?**

Clothing Allowance: You will receive money for clothing on the following schedule:

After 45 days on center - \$100

After 180 days on center - \$100

After 300 days on center - \$117

After 450 days on center - \$103

**What is the smoking policy?**

There is no smoking in any of the buildings. There are signs posted at designated smoking areas around center.

**How can my parents, family and friends reach me by telephone?**

Once you are assigned to a dorm, you will be given a telephone number to that dorm. You may then give family and friends that number.

**Can I bring my own phone? My pager?**

You may bring cell phones and pagers; however, they are not to be used during the training day.

**What will my mailing address be?**

Your Name

3173 Kerry St .

San Bernardino , CA 92407

**Will I have access to the Internet? Will I get an e-mail account? Can I use my own?**

Trainees will have access to the Internet for training purposes only. You will not receive an e-mail address, and personal accounts will be handled on a case-by-case basis.

**Can my family send me money?**

Yes. Family members may send money.

**Can my family and friends visit me at the Inland Empire Job Corps Center? If so, when?**

You may have visitors after the training day, on weekends and on holidays.

**Can visitors stay at the Inland Empire Job Corps Center?**

No. Visitors may not stay at the center.

**Can I get a pass to leave on weekends?**

You may have a pass to leave on weekends. If you are a minor, you must have consent from a parent or guardian.

**What is the schedule like for new students?**

All Job Corps enrollees must complete a Career Preparation Period, which lasts three weeks. The first day will be spent filling out paperwork. Complete medical exams are usually given the second day. Women will have a pelvic exam including a Pap smear. Men and women will have a complete physical examination during their first 48 hours on center. Immunizations (shots) will be given unless the student has written proof of required immunizations. HIV testing, drug testing, TB testing and pregnancy testing are done.

**What is the gender ratio of students at Inland?**

The center is coed. 135 male residents, 100 female residents, 38 male non-residents, and 37 female non-residents. Male and female dorms are not coed.

**What is the typical work/school schedule?**

6:15 a.m. Wake up  
6:30 a.m. - 7:15 a.m. Dorm cleanup  
7:00 a.m. - 7:45 a.m. Breakfast  
7:50 a.m. Dorm closed  
8:00 a.m. - 9:35 a.m. First block of training  
9:35 a.m. 15-minute break  
9:50 a.m. - 11:25 a.m. Second block of training  
11:00 a.m. - Noon Lunch for construction trades  
11:25 a.m. - 12:30 p.m. Lunch for academic/vocation classes  
12:30 p.m. - 2:05 p.m. Third block of training  
2:05 p.m. - 2:20 p.m. 15-minute break  
2:20 p.m. - 3:55 p.m. Fourth block of training  
4:00 p.m. - 10:00 p.m. Free time  
5:00 p.m. - 6:30 p.m. Supper  
9:45 p.m. Roll call and cleanup  
10:30 p.m. Prepare for bedtime  
11:00 p.m. Lights out, first bed-check  
Midnight Second bed-check, lights out

**What kinds of classes are offered?**

In addition to the vocational classes offered, there are several others that are geared toward student success. Classes range from driver's education to the math program.

**What happens if a student doesn't attend class?**

Trainees who do not attend class risk entering the discipline and phase systems.

**What is expected classroom behavior and dress code?**

You are expected to behave and demonstrate proper workplace behavior. This includes dressing appropriately to the workplace and behaving as if you were in a professional setting. Only by practicing these traits can you become proficient at them.

**Is there a dress code for my non-classroom hours?**

The center expects trainees to dress appropriately when in the community or after hours. Excessive sagging for young men is not appropriate. For females, excessively revealing clothes are also not appropriate.

**Can I earn high school credits?**

Yes.

**Can I earn a high school diploma?**

Yes.

**Can I work on my own time off center?**

You may be permitted to work for wages during your leisure time with prior approval.

This approval will be coordinated through your counselor, Performance Evaluation Panel and Career Development Case Manager.

**What recreational activities are offered?**

The San Bernardino Mountains and Orange County beaches are used for planned recreation trips. Several regional parks are also utilized for planned recreation trips. The center has a swimming pool, gymnasium with weight room, baseball field, basketball and volleyball. Barbecues, dances, roller-skating, picnics and beach trips are some of the planned recreational activities.

**Are there any clubs on center?**

There are sports teams, Color Guard and student government, to name a few.

**May I attend church?**

Yes.

**Can I go shopping?**

Yes.

**Can I bring my car? My bike? My skateboard?**

Cars, bikes and skateboards are not allowed at the Inland Empire Job Corps Center.

**When I'm close to completing the Job Corps program, how does the center help me make the transition from Job Corps to a career?**

The Career Transition Readiness department is designed to help you leave the center with employment. When you near completion of the program, you will review what you have learned about interviewing techniques, writing resumes, completing employment applications and other information.